New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)													
53.6	50.6	46.1	46.7	44.6	42.8	39.9	37.2	32.6	32.6	34.0	Decreased, 2003-2023	No quadratic change	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)													
24.7	21.6	25.4	23.2	22.7	17.4	15.8	14.4	14.9	15.1	15.6	Decreased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					8.4	6.3	5.8	4.7	4.6	4.3	Decreased, 2013-2023	No quadratic change	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					47.7	43.7	41.7	44.2	42.9	46.7	Decreased, 2013-2023	Decreased, 2013-2017 No change, 2017-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							3.6	2.8	2.9	3.9	No linear change	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
2.8	5.9	4.5	4.5	4.9	5.7	5.4	5.2	6.9	9.6	10.3	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	No change
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									17.0	17.4	No linear change	Not available§	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
5.4	5.2	7.2	7.0	6.1	5.7	6.3	5.8	6.7	8.8	9.9	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							9.5	10.1	11.4	12.2	Increased, 2017-2023	Not available§	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					10.2	11.7	7.3	7.8	9.6	11.0	No linear change	Decreased, 2013-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					7.4	7.8	7.9	7.0	8.7	10.3	Increased, 2013-2023	No change, 2013-2019 Increased, 2019-2023	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
			22.1	25.3	22.8	22.1	21.4	23.0	20.0	24.2	No linear change	No quadratic change	Increased
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				21.6	18.1	18.6	19.0	20.1	21.8	21.5	No linear change	Decreased, 2011-2015 Increased, 2015-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
28.0	24.9	24.6	25.1	25.2	25.4	27.2	28.0	33.6	44.2	39.6	Increased, 2003-2023	No change, 2003-2013 Increased, 2013-2023	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
17.8	14.0	13.7	12.1	14.3	14.4	15.3	16.1	18.4	24.7	21.3	Increased, 2003-2023	Decreased, 2003-2009 Increased, 2009-2023	Decreased
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								13.3	19.3	16.9	Increased, 2019-2023	Not available§	Decreased
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
7.7	7.1	5.5	4.7	6.1	6.7	6.8	5.9	7.0	9.8	8.5	No linear change	No change, 2003-2017 Increased, 2017-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
2.5	1.6	2.2	1.6	2.4	2.5	2.5	2.0	2.0	2.8	2.6	No linear change	No quadratic change	No change
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
		66.2	62.4	63.2	60.0	56.3	57.4	54.4	57.3	55.4	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
					27.9	24.7	22.2	13.5	14.5	15.5	Decreased, 2013-2023	Decreased, 2013-2019 Increased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							25.5	26.5	31.8	29.0	Increased, 2017-2023	Not available§	Decreased
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did													
									4.0	4.0	No linear change	Not available	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)													
									75.2	71.7	Decreased, 2021-2023	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							41.1	49.8	31.0	32.6	Decreased, 2017-2023	Not available§	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						25.0	23.8	33.8	16.2	16.7	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						4.2	5.7	13.5	7.2	7.6	Increased, 2015-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						3.0	4.0	9.5	5.3	5.9	Increased, 2015-2023	Not available§	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									5.2	4.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									48.5	52.7	Increased, 2021-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
25.8	19.3	18.1	14.8	14.3	11.9	10.8	10.7	10.4	10.0	12.2	Decreased, 2003-2023	Decreased, 2003-2015 No change, 2015-2023	Increased
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
47.1	44.0	44.8	39.3	38.4	32.9	29.9	29.6	26.8	21.3	23.1	Decreased, 2003-2023	No quadratic change	Increased
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								14.4	11.2	11.6	Decreased, 2019-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN45: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)													
		32.7	31.1	33.0	40.3	42.3	40.1	35.9	40.5	39.2	Increased, 2007-2023	Increased, 2007-2015 Decreased, 2015-2023	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
11.1	7.1	7.9	8.4	7.7	6.6	6.1	5.3	4.7	4.3	4.6	Decreased, 2003-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
30.6	25.9	22.9	25.6	28.4	24.4	22.2	23.1	26.1	17.8	19.8	Decreased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									9.8	8.9	Decreased, 2021-2023	Not available§	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
2.3	2.1	3.0	3.0	3.6	2.7	2.4	1.8	1.5	1.4	2.2	Decreased, 2003-2023	No quadratic change	Increased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
7.4	5.5	5.6	4.7	4.2	2.9	2.5	1.8	1.7	1.6	2.3	Decreased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
10.3	5.5	6.4	6.8	8.7	7.4	4.5	3.0	2.4	2.5	3.1	Decreased, 2003-2023	No quadratic change	Increased
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)													
						9.2	5.6	8.6	10.1	9.6	Increased, 2015-2023	Not available§	No change
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													
				11.5	7.6	6.8	5.2	4.3	4.4	5.2	Decreased, 2011-2023	Decreased, 2011-2019 Increased, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)													
28.2	26.9	22.5	22.1	23.1	20.1	16.5	16.3	20.3	15.9	19.9	Decreased, 2003-2023	Decreased, 2003-2015 Increased, 2015-2023	Increased
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
					41.0	42.9	37.3	37.7	45.5	45.5	Increased, 2013-2023	Decreased, 2013-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN56: Percentage of students who ever had sexual intercourse													
41.5	42.7	44.7	46.3	47.5	42.8	39.4	38.9	39.8	29.3	34.2	Decreased, 2003-2023	Increased, 2003-2011 Decreased, 2011-2023	Increased
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
3.9	2.8	4.2	4.3	4.5	4.0	2.8	2.4	2.3	2.3	2.8	Decreased, 2003-2023	No quadratic change	Increased
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							8.6	7.2	4.9	5.9	Decreased, 2017-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								9.2	5.7	6.7	Decreased, 2019-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
9.7	11.3	11.5	11.9	12.1	11.2	12.2	12.8	12.7	13.3	12.5	Increased, 2003-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
13.1	13.1	14.2	12.8	14.1	13.8	14.5	14.1	14.0	13.6	13.3	No linear change	No quadratic change	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									2.0	1.8	No linear change	Not available¶	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Physical Activity

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							14.4	14.7	12.3	17.6	Increased, 2017-2023	Not available§	Increased
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									78.8	77.6	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						82.7	82.8	83.6	78.5	81.1	Decreased, 2015-2023	Not available§	Increased
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						1.3	0.9	1.2	1.3	1.6	Increased, 2015-2023	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							2.5	2.2	1.6	2.2	Decreased, 2017-2023	Not available	Increased
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
67.7	66.4	71.3	72.1	69.0	73.4	74.5	77.6	77.0	75.8	77.1	Increased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						79.6	68.6	70.2	59.6	62.7	Decreased, 2015-2023	Not available§	Increased
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							4.5	4.2	3.3	4.4	No linear change	Not available	Increased
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								22.6	19.6	21.4	Decreased, 2019-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									31.8	33.6	Increased, 2021-2023	Not available§	Increased
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				60.9	63.0	62.8	63.2	56.7	48.9	44.6	Decreased, 2011-2023	No change, 2011-2017 Decreased, 2017-2023	Decreased
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					53.3	57.1	56.7	65.4	62.7	62.6	Increased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					77.7	81.4	80.5	83.6	81.1	80.8	Increased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
					7.3	8.1	6.3	5.0	5.0	6.1	Decreased, 2013-2023	No quadratic change	Increased
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					88.7	89.3	89.1	90.9	87.9	86.3	No linear change	Increased, 2013-2019 Decreased, 2019-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
					82.4	83.0	78.8	78.5	79.7	77.8	Decreased, 2013-2023	No quadratic change	Decreased
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					94.1	94.9	94.2	95.5	93.0	92.0	Decreased, 2013-2023	No change, 2013-2019 Decreased, 2019-2023	Decreased
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
					41.5	37.6	38.9	31.6	25.1	28.5	Decreased, 2013-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
		41.5	43.8	47.7	47.1	41.6	41.4	39.0	24.4	27.1	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	Increased
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				19.2	17.1	14.7	13.5	10.0	6.3	6.4	Decreased, 2011-2023	Decreased, 2011-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Total Mental Health

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									36.2	32.7	Decreased, 2021-2023	Not available§	Decreased
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									21.5	22.9	No linear change	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total
Protective Factors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									23.4	25.1	Increased, 2021-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Total Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									41.1	42.5	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)													
55.9	55.2	50.5	47.5	45.1	42.5	40.2	37.8	32.4	31.3	33.8	Decreased, 2003-2023	No quadratic change	Increased
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)													
25.3	22.1	24.7	21.7	23.8	15.3	15.6	13.6	13.3	13.2	13.4	Decreased, 2003-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					8.4	7.6	6.8	5.5	5.0	5.7	Decreased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					46.2	41.3	40.3	42.0	40.1	45.7	Decreased, 2013-2023	Decreased, 2013-2017 No change, 2017-2023	Increased
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							5.1	4.0	3.5	5.3	No linear change	Not available§	Increased
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
2.2	5.8	4.0	4.2	5.2	5.7	4.5	3.8	4.8	7.0	7.9	Increased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									16.6	18.7	Increased, 2021-2023	Not available§	Increased
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
2.8	2.5	6.0	4.8	4.1	3.3	3.0	2.8	3.0	3.7	5.5	No linear change	No quadratic change	Increased
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							4.1	3.9	5.2	6.2	Increased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					5.0	6.0	3.0	3.2	3.3	5.5	No linear change	Decreased, 2013-2019 Increased, 2019-2023	Increased
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					5.8	6.1	6.3	6.3	5.8	10.3	Increased, 2013-2023	No change, 2013-2019 Increased, 2019-2023	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
			19.9	23.7	19.9	16.8	16.9	18.5	16.0	20.3	Decreased, 2009-2023	Decreased, 2009-2015 Increased, 2015-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				15.2	12.8	11.3	12.1	13.4	14.9	15.9	No linear change	Decreased, 2011-2015 Increased, 2015-2023	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
21.6	17.6	17.4	18.4	19.4	17.8	17.9	18.6	23.8	30.7	28.2	Increased, 2003-2023	No change, 2003-2015 Increased, 2015-2023	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
12.9	9.1	10.4	10.2	12.2	11.3	10.7	11.5	14.4	16.9	15.8	Increased, 2003-2023	No change, 2003-2015 Increased, 2015-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								10.0	13.7	12.8	Increased, 2019-2023	Not available§	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
3.9	2.8	3.2	4.2	4.8	5.0	4.6	4.0	5.3	6.3	6.5	Increased, 2003-2023	No quadratic change	No change
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
0.9	0.5	2.0	1.6	2.0	1.6	1.5	1.3	1.3	1.5	2.1	Increased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
		73.9	66.3	66.5	63.0	60.5	61.4	57.8	57.5	57.6	Decreased, 2007-2023	Decreased, 2007-2013 Decreased, 2013-2023	No change
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
					31.3	28.3	25.0	16.3	17.1	19.6	Decreased, 2013-2023	Decreased, 2013-2019 Increased, 2019-2023	Increased
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							17.1	19.3	22.4	21.9	Increased, 2017-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023				
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did									4.4	4.8		No linear change	Not available§	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)									82.2	78.8		Decreased, 2021-2023	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							43.9	47.8	27.8	28.6	Decreased, 2017-2023	Not available§	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						26.2	26.9	32.7	13.7	14.9	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						5.7	8.0	14.7	6.1	6.7	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						4.1	5.9	10.4	4.6	5.3	No linear change	Not available§	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									6.8	5.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									45.3	50.1	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
30.7	20.7	22.4	17.7	14.7	13.0	12.6	12.5	11.7	9.8	11.9	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	Increased
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
47.1	43.4	45.7	39.2	39.0	30.0	28.6	28.5	24.7	18.1	20.4	Decreased, 2003-2023	No quadratic change	Increased
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								13.8	10.5	10.7	Decreased, 2019-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN45: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)													
		26.1	28.4	26.1	34.9	37.2	33.8	28.3	36.3	34.7	Increased, 2007-2023	No quadratic change	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
13.9	8.3	9.8	9.4	8.1	7.8	8.0	6.8	5.7	4.5	4.5	Decreased, 2003-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
32.9	28.8	25.7	28.1	30.6	26.0	23.9	24.0	26.3	16.9	19.0	Decreased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									8.1	7.4	No linear change	Not available§	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
2.6	2.0	4.5	3.4	5.0	3.3	3.2	2.3	2.0	1.8	3.1	Decreased, 2003-2023	No quadratic change	Increased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
8.5	6.8	6.2	4.2	5.6	3.6	3.3	2.5	2.4	1.9	2.9	Decreased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
10.6	5.1	7.0	7.1	11.2	8.8	5.4	3.8	3.0	2.9	3.7	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)													
						10.5	6.0	8.7	8.6	9.8	No linear change	Not available§	No change
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													
				11.8	8.8	7.4	5.7	5.0	4.1	5.3	Decreased, 2011-2023	Decreased, 2011-2019 No change, 2019-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)													
31.7	28.6	26.8	25.4	27.4	21.6	19.0	17.4	21.3	15.3	19.5	Decreased, 2003-2023	No quadratic change	Increased
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
					36.6	39.8	35.1	35.7	46.8	46.1	Increased, 2013-2023	No change, 2013-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN56: Percentage of students who ever had sexual intercourse													
41.7	39.7	44.7	46.1	49.4	42.2	39.8	40.0	39.4	28.0	34.3	Decreased, 2003-2023	Increased, 2003-2011 Decreased, 2011-2023	Increased
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
5.3	3.0	5.6	6.4	6.5	4.8	3.6	2.7	2.7	2.4	2.9	Decreased, 2003-2023	Decreased, 2003-2019 No change, 2019-2023	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							9.1	7.4	4.9	6.3	Decreased, 2017-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								6.2	4.0	5.1	Decreased, 2019-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
12.6	14.9	15.8	16.3	14.6	14.9	16.3	15.8	16.1	16.2	15.1	No linear change	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
14.9	14.4	15.6	13.5	13.8	13.5	14.6	13.7	14.0	13.2	13.4	No linear change	No quadratic change	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									1.9	2.0	No linear change	Not available¶	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Physical Activity

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							16.0	15.7	13.7	19.5	Increased, 2017-2023	Not available§	Increased
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									77.5	75.9	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						81.6	82.5	82.7	77.5	80.0	Decreased, 2015-2023	Not available§	Increased
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						1.7	1.1	1.5	1.7	2.0	No linear change	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							2.7	2.4	1.8	3.0	No linear change	Not available	Increased
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
60.9	58.2	63.9	64.2	62.6	66.0	67.7	71.8	70.9	72.0	72.4	Increased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						78.6	67.0	68.5	57.7	60.9	Decreased, 2015-2023	Not available§	Increased
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							4.1	4.4	3.2	4.3	No linear change	Not available	Increased
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								21.4	19.4	21.5	No linear change	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									27.3	29.0	No linear change	Not available§	No change
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				55.8	59.4	59.6	58.6	52.3	46.2	39.5	Decreased, 2011-2023	No change, 2011-2017 Decreased, 2017-2023	Decreased
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					47.3	50.2	51.5	59.4	61.0	59.9	Increased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					75.6	77.4	76.3	80.3	79.7	78.2	Increased, 2013-2023	No quadratic change	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
					8.8	9.8	8.7	6.8	5.8	7.6	Decreased, 2013-2023	No quadratic change	Increased
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					86.2	86.2	86.5	89.3	87.0	84.4	No linear change	Increased, 2013-2019 Decreased, 2019-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
					80.0	81.1	78.7	77.1	79.8	76.4	Decreased, 2013-2023	No quadratic change	Decreased
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					92.6	93.4	92.9	94.5	93.1	90.2	No linear change	No change, 2013-2019 Decreased, 2019-2023	Decreased
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
					39.5	37.7	39.2	32.7	24.7	29.1	Decreased, 2013-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
		45.6	46.6	49.6	49.2	43.1	42.7	40.3	24.2	28.1	Decreased, 2007-2023	Decreased, 2007-2017 Decreased, 2017-2023	Increased
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				21.4	16.0	15.8	14.6	11.1	6.1	6.6	Decreased, 2011-2023	Decreased, 2011-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Male
Mental Health

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									21.8	22.1	No linear change	Not available§	No change
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									24.2	23.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Protective Factors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									24.5	25.3	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Male
Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									32.0	33.6	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)													
51.2	46.0	41.4	45.8	43.9	42.6	39.2	36.4	32.4	33.8	33.9	Decreased, 2003-2023	No quadratic change	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)													
24.0	21.3	26.1	24.6	21.5	19.6	15.9	15.1	16.3	16.9	17.9	Decreased, 2003-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					8.4	4.8	4.5	3.6	4.0	2.9	Decreased, 2013-2023	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					49.4	46.0	43.0	46.4	45.9	48.0	No linear change	Decreased, 2013-2017 No change, 2017-2023	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							1.7	1.4	2.1	2.3	Increased, 2017-2023	Not available§	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
3.2	6.2	4.9	4.8	4.6	5.6	6.2	6.4	8.8	11.9	12.5	Increased, 2003-2023	No change, 2003-2013 Increased, 2013-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									17.1	15.7	Decreased, 2021-2023	Not available§	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
8.1	7.7	8.6	9.4	8.4	7.9	9.8	8.8	10.6	13.9	14.3	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	No change
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							15.3	16.7	17.7	18.6	Increased, 2017-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					14.8	17.3	11.4	12.3	15.4	16.5	No linear change	Decreased, 2013-2017 Increased, 2017-2023	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					9.1	9.5	9.1	7.3	11.1	10.2	No linear change	No quadratic change	No change
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
			24.4	27.4	25.3	27.3	25.7	27.6	23.6	27.8	No linear change	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				28.5	23.7	26.0	26.2	26.8	28.7	27.0	No linear change	No quadratic change	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
34.2	32.7	32.2	32.1	31.3	32.7	36.9	37.6	43.9	57.5	51.1	Increased, 2003-2023		Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
22.5	18.6	17.2	13.8	16.8	17.4	20.1	20.6	22.5	32.0	26.5	Increased, 2003-2023	Decreased, 2003-2009 Increased, 2009-2023	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								16.7	24.6	20.7	Increased, 2019-2023	Not available§	Decreased
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
11.4	10.8	7.9	5.1	7.5	8.6	8.9	7.7	8.4	13.0	10.3	No linear change	Decreased, 2003-2009 Increased, 2009-2023	Decreased
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
4.0	2.5	2.5	1.6	2.9	3.5	3.5	2.5	2.5	3.9	3.0	No linear change	No quadratic change	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
		55.7	57.0	59.1	55.6	50.8	52.0	49.6	57.3	52.6	Decreased, 2007-2023	No quadratic change	Decreased
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
					24.3	20.5	18.8	10.1	11.5	11.1	Decreased, 2013-2023	No quadratic change	No change
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							33.5	33.7	40.3	35.7	Increased, 2017-2023	Not available§	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023				
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did									3.5	3.0		No linear change	Not available§	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)									67.8	64.2		Decreased, 2021-2023	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							37.8	51.9	34.4	36.5	Decreased, 2017-2023	Not available§	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						23.4	20.4	34.7	18.9	18.6	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						2.5	3.0	11.9	8.3	8.5	Increased, 2015-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						1.6	1.7	8.2	6.0	6.5	Increased, 2015-2023	Not available§	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									4.0	4.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									51.2	55.1	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
20.8	17.7	13.7	11.5	13.9	10.0	8.6	8.4	8.8	10.1	12.2	Decreased, 2003-2023	Decreased, 2003-2017 Increased, 2017-2023	Increased
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
46.9	44.8	43.9	39.4	37.5	35.9	31.1	30.7	29.0	24.8	25.8	Decreased, 2003-2023	No quadratic change	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								14.8	12.0	12.6	Decreased, 2019-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN45: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)													
		39.8	33.7	41.3	44.8	47.7	46.8	43.1	43.9	43.3	Increased, 2007-2023	Increased, 2007-2015 Decreased, 2015-2023	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
8.1	5.8	5.9	7.3	7.3	5.1	4.0	3.6	3.4	4.1	4.7	Decreased, 2003-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
28.2	22.8	19.8	22.9	25.8	22.6	20.0	21.9	25.5	18.6	20.5	Decreased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									11.4	10.1	Decreased, 2021-2023	Not available§	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
2.1	2.1	1.3	2.3	2.1	1.8	1.3	1.0	0.7	0.8	1.2	Decreased, 2003-2023	No quadratic change	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
6.3	4.2	4.8	5.0	2.8	1.5	1.4	0.8	1.0	1.2	1.5	Decreased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
9.8	5.9	5.7	6.3	6.1	5.4	3.4	1.9	1.6	2.1	2.5	Decreased, 2003-2023	No quadratic change	No change
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)													
						7.6	4.9	8.2	11.5	9.5	Increased, 2015-2023	Not available§	Decreased
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													
				11.1	6.2	5.9	4.4	3.4	4.7	5.0	Decreased, 2011-2023	Decreased, 2011-2019 Increased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)													
24.2	24.8	18.0	18.3	18.5	18.5	13.9	14.8	19.0	16.5	20.2	Decreased, 2003-2023	Decreased, 2003-2015 Increased, 2015-2023	Increased
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
					45.7	46.5	40.0	40.2	44.6	45.2	No linear change	Decreased, 2013-2017 Increased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN56: Percentage of students who ever had sexual intercourse													
41.4	45.4	44.6	46.2	45.7	43.4	38.7	37.5	40.0	30.6	34.1	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	Increased
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
2.4	2.7	2.6	1.9	2.4	3.0	1.9	1.8	1.6	2.1	2.7	Decreased, 2003-2023	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							7.9	6.8	4.8	5.5	Decreased, 2017-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								12.4	7.4	8.3	Decreased, 2019-2023	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
6.5	7.7	7.0	7.2	9.4	7.4	7.9	9.6	9.1	10.1	9.6	Increased, 2003-2023	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
11.1	11.8	12.7	12.1	14.4	14.2	14.4	14.6	14.1	14.1	13.1	Increased, 2003-2023	Increased, 2003-2017 No change, 2017-2023	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									2.0	1.6	No linear change	Not available¶	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Physical Activity

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							12.7	13.5	10.8	15.7	Increased, 2017-2023	Not available§	Increased
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									80.1	79.4	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						84.1	83.1	84.6	79.8	82.3	Decreased, 2015-2023	Not available§	Increased
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						0.8	0.5	0.8	0.8	1.1	Increased, 2015-2023	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							2.1	1.8	1.2	1.3	Decreased, 2017-2023	Not available	No change
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
74.8	75.2	79.0	80.2	76.0	81.3	81.9	84.1	83.6	80.1	82.4	Increased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						81.1	70.4	72.4	61.8	64.7	Decreased, 2015-2023	Not available§	Increased
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							4.6	3.7	3.4	4.4	No linear change	Not available	Increased
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								23.8	19.8	21.2	Decreased, 2019-2023	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									35.9	37.9	No linear change	Not available§	No change
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				66.3	66.9	66.4	68.1	61.5	52.1	50.2	Decreased, 2011-2023	No change, 2011-2017 Decreased, 2017-2023	No change
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					59.6	64.7	62.6	72.0	65.0	65.7	Increased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					80.2	86.0	85.3	87.6	83.1	84.0	No linear change	Increased, 2013-2019 Decreased, 2019-2023	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
					5.8	6.1	3.4	3.0	4.3	4.5	Decreased, 2013-2023	Decreased, 2013-2019 Increased, 2019-2023	No change
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					91.4	92.9	92.0	93.0	89.2	88.5	Decreased, 2013-2023	No change, 2013-2019 Decreased, 2019-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
					85.2	85.2	79.1	80.4	79.8	79.4	Decreased, 2013-2023	Decreased, 2013-2017 No change, 2017-2023	No change
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					95.9	96.7	95.7	96.8	93.2	93.9	Decreased, 2013-2023	No quadratic change	No change
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
					42.8	37.5	38.6	30.1	25.6	27.9	Decreased, 2013-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
		37.2	40.9	45.0	45.4	39.7	39.9	37.2	24.8	25.8	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				16.8	18.2	13.3	12.1	8.7	6.5	6.1	Decreased, 2011-2023	Decreased, 2011-2017 Decreased, 2017-2023	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Female
Mental Health

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									50.2	43.3	Decreased, 2021-2023	Not available§	Decreased
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									19.3	22.6	Increased, 2021-2023	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Protective Factors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									22.0	25.0	Increased, 2021-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Female
Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									50.0	51.2	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)													
52.9	50.0	44.9	45.3	43.3	41.3	38.6	35.7	30.9	30.5	32.0	Decreased, 2003-2023	No quadratic change	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)													
24.4	21.0	24.5	22.3	21.2	16.6	15.0	13.4	14.3	14.7	15.4	Decreased, 2003-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					7.2	5.4	4.9	4.2	4.2	3.6	Decreased, 2013-2023	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					47.6	43.8	41.8	44.7	43.7	46.8	No linear change	Decreased, 2013-2017 No change, 2017-2023	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							3.1	2.5	2.5	3.4	No linear change	Not available¶	Increased
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
2.5	5.5	3.7	4.2	4.0	4.6	4.7	4.5	6.1	8.8	9.3	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									15.2	15.8	No linear change	Not available¶	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
5.1	4.9	6.2	6.7	5.4	5.0	5.6	5.3	6.4	8.4	9.0	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	No change
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							9.1	10.0	11.3	12.0	Increased, 2017-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					9.5	11.1	6.8	7.5	9.4	10.5	No linear change	Decreased, 2013-2017 Increased, 2017-2023	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					6.8	7.1	7.1	6.4	8.2	9.9	Increased, 2013-2023	No change, 2013-2019 Increased, 2019-2023	Increased
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
			21.8	25.0	22.3	21.8	21.0	23.0	20.1	24.7	No linear change	No quadratic change	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				21.2	17.6	18.3	18.9	20.0	22.0	21.6	No linear change	Decreased, 2011-2015 Increased, 2015-2023	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
27.0	24.3	23.6	24.8	24.2	24.3	26.5	27.4	33.4	43.7	39.1	Increased, 2003-2023	No change, 2003-2013 Increased, 2013-2023	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
17.0	13.8	13.2	11.5	14.2	14.1	14.7	15.5	18.2	24.3	20.8	Increased, 2003-2023	Decreased, 2003-2009 Increased, 2009-2023	Decreased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								12.8	18.8	16.4	Increased, 2019-2023	Not available¶	Decreased
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
6.8	6.7	4.7	4.3	5.7	6.3	6.2	5.1	6.2	9.3	7.4	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	Decreased
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
2.2	1.4	1.5	1.4	1.8	2.4	2.1	1.6	1.6	2.6	2.2	No linear change	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
		65.5	60.8	61.4	57.9	54.8	55.3	52.5	54.9	53.2	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
					26.7	23.1	20.9	12.1	13.6	14.4	Decreased, 2013-2023	Decreased, 2013-2019 Increased, 2019-2023	No change
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							25.1	26.4	31.5	28.6	Increased, 2017-2023	Not available¶	Decreased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did									3.8	3.4	No linear change	Not available¶	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)									75.7	72.3	Decreased, 2021-2023	Not available	Decreased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							40.6	50.4	30.9	32.5	Decreased, 2017-2023	Not available¶	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						24.3	23.6	34.2	16.3	16.8	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						3.6	5.4	13.5	7.1	7.6	Increased, 2015-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						2.3	3.6	9.3	5.3	5.8	Increased, 2015-2023	Not available¶	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									5.2	4.6	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									49.2	53.3	Increased, 2021-2023	Not available¶	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
25.2	18.3	16.8	13.3	13.0	10.7	9.5	9.5	9.8	9.3	11.5	Decreased, 2003-2023	Decreased, 2003-2015 Increased, 2015-2023	Increased
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
46.8	43.9	44.7	38.8	37.6	32.4	29.9	29.6	27.5	21.9	23.7	Decreased, 2003-2023	No quadratic change	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								14.6	11.5	11.8	Decreased, 2019-2023	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN45: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)													
		33.1	31.6	34.0	42.7	44.1	41.5	36.8	41.3	40.0	Increased, 2007-2023	Increased, 2007-2015 Decreased, 2015-2023	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
10.9	6.7	7.2	7.2	6.4	5.9	5.2	4.5	4.0	3.9	4.0	Decreased, 2003-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
30.4	25.3	22.3	24.5	27.7	23.7	21.4	22.4	25.9	17.8	19.8	Decreased, 2003-2023	No quadratic change	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									9.2	8.0	Decreased, 2021-2023	Not available¶	Decreased
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
2.1	1.6	2.0	1.9	2.8	1.6	1.7	1.3	1.0	1.0	1.6	Decreased, 2003-2023	No quadratic change	Increased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
7.2	5.0	4.6	3.7	3.2	1.7	1.7	1.2	1.3	1.2	1.6	Decreased, 2003-2023	Decreased, 2003-2017 No change, 2017-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
9.9	5.1	5.4	5.7	7.5	6.3	3.7	2.4	1.9	2.1	2.3	Decreased, 2003-2023	No quadratic change	No change
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)													
						8.5	5.0	7.9	9.9	9.4	Increased, 2015-2023	Not available¶	No change
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													
				10.9	7.0	5.9	4.7	3.8	3.9	4.5	Decreased, 2011-2023	Decreased, 2011-2019 Increased, 2019-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)													
27.9	26.5	21.8	20.8	22.4	19.8	16.1	15.7	20.3	15.4	19.4	Decreased, 2003-2023	Decreased, 2003-2015 Increased, 2015-2023	Increased
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
					41.5	43.2	37.1	37.1	45.1	44.4	No linear change	Decreased, 2013-2017 Increased, 2017-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN56: Percentage of students who ever had sexual intercourse													
41.1	42.0	43.8	45.6	46.8	42.5	38.9	38.5	40.2	29.9	34.7	Decreased, 2003-2023	Increased, 2003-2011 Decreased, 2011-2023	Increased
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
3.5	2.4	3.4	3.5	3.3	2.9	2.0	1.8	1.8	2.0	2.4	Decreased, 2003-2023	No quadratic change	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							7.9	6.7	4.7	5.6	Decreased, 2017-2023	Not available¶	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								9.1	5.5	6.2	Decreased, 2019-2023	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)¶													
9.6	11.3	11.5	12.2	11.5	10.6	12.1	12.4	12.5	12.9	11.6	Increased, 2003-2023	No quadratic change	Decreased
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)¶													
13.0	13.1	13.8	12.8	14.0	13.6	14.6	14.0	14.0	13.4	13.1	No linear change	No quadratic change	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									1.7	1.4	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
**Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Physical Activity

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							13.9	14.4	11.7	17.1	Increased, 2017-2023	Not available¶	Increased
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									79.2	78.2	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						84.4	84.3	85.0	80.0	82.6	Decreased, 2015-2023	Not available¶	Increased
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						0.9	0.5	0.7	1.0	1.3	Increased, 2015-2023	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							1.9	1.7	1.3	1.6	No linear change	Not available	No change
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
68.0	67.2	72.5	72.9	70.4	74.7	76.1	78.7	78.0	77.0	78.3	Increased, 2003-2023	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						81.0	69.7	71.5	60.8	64.2	Decreased, 2015-2023	Not available¶	Increased
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							3.9	3.6	2.9	3.8	No linear change	Not available	Increased
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								22.4	18.9	20.6	Decreased, 2019-2023	Not available	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									32.0	33.8	Increased, 2021-2023	Not available¶	Increased
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				62.4	63.8	64.1	64.0	57.8	49.1	45.3	Decreased, 2011-2023	No change, 2011-2017 Decreased, 2017-2023	Decreased
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					54.2	58.0	56.8	65.7	63.1	62.4	Increased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					79.2	82.9	81.6	84.5	81.7	81.4	Increased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
					6.1	6.9	5.5	4.2	4.7	5.6	Decreased, 2013-2023	No quadratic change	Increased
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					89.5	90.2	89.8	91.7	88.4	86.8	Decreased, 2013-2023	Increased, 2013-2019 Decreased, 2019-2023	Decreased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
					83.2	83.7	79.1	78.7	79.2	77.7	Decreased, 2013-2023	No quadratic change	No change
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					95.3	95.9	95.1	96.4	93.7	92.7	Decreased, 2013-2023	No change, 2013-2019 Decreased, 2019-2023	Decreased
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
					40.8	37.8	39.2	31.6	25.3	29.1	Decreased, 2013-2023	No quadratic change	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
		41.2	43.0	47.5	46.7	41.2	40.7	39.1	24.4	27.1	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	Increased
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				18.3	16.2	13.9	12.8	9.6	5.9	6.0	Decreased, 2011-2023	Decreased, 2011-2017 Decreased, 2017-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

White*
Mental Health

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									36.7	33.0	Decreased, 2021-2023	Not available¶	Decreased
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									21.7	23.5	Increased, 2021-2023	Not available	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Protective Factors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									23.9	25.7	Increased, 2021-2023	Not available¶	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

White*
Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									41.9	43.4	No linear change	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)						50.8	48.9	49.2	46.7	43.3	No linear change	Not available¶	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)						19.7	23.1	16.6	15.3	13.9	Decreased, 2015-2023	Not available	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)						10.9	12.4	9.3	6.4	7.6	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
						46.2	35.5	43.5	38.4	39.4	No linear change	Not available¶	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							5.1	5.7	2.7	3.3	No linear change	Not available	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
				10.2	18.0	9.6	8.3	12.0	13.4	15.3	No linear change	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									27.2	24.5	No linear change	Not available¶	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
						7.3	7.3	7.9	7.8	10.1	No linear change	Not available	No change
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							9.5	9.7	6.7	7.2	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
						14.6	7.9	10.0	4.5	10.6	No linear change	Not available¶	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
						11.2	15.7	10.5	7.4	9.7	No linear change	Not available	No change
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
				23.0	31.0	16.0	16.2	20.2	15.3	16.9	No linear change	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				22.9	25.5	12.8	13.1	16.8	18.4	20.0	No linear change	No quadratic change	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
						25.5	23.6	31.7	34.8	30.1	No linear change	Not available¶	No change
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
				14.9	16.4	12.2	20.6	17.8	23.3	18.4	No linear change	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								14.3	13.5	11.4	No linear change	Not available¶	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
						6.3	10.7	15.5	10.2	10.2	No linear change	Not available	No change
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
						3.3	2.8	4.4	2.6	3.7	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
						80.5	80.1	77.8	73.3	77.9	No linear change	Not available¶	No change
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
						39.2	29.3	21.5	26.4	21.6	Decreased, 2015-2023	Not available	No change
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							23.0	19.6	23.1	20.4	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did									2.2	3.8	No linear change	Not available¶	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)									70.8	59.5	Decreased, 2021-2023	Not available	Decreased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							42.0	44.0	27.0	24.3	Decreased, 2017-2023	Not available¶	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						30.3	22.2	24.8	14.8	9.2	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						7.9	6.1	8.1	6.5	4.6	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						6.8	5.0	6.5	5.0	3.4	No linear change	Not available¶	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									5.1	2.0	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Tobacco Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									32.8	41.3	No linear change	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
						20.1	13.5	13.2	11.1	10.1	Decreased, 2015-2023	Not available¶	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
						29.3	27.6	16.4	16.1	9.8	Decreased, 2015-2023	Not available	Decreased
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								9.7	7.9	5.3	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
						10.8	8.6	7.3	5.9	6.1	No linear change	Not available¶	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
						32.1	27.1	25.5	16.9	13.3	Decreased, 2015-2023	Not available	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									11.1	12.5	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
						6.8	4.0	4.8	2.7	4.3	No linear change	Not available¶	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
						6.6	4.8	4.6	2.8	4.1	No linear change	Not available	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
				22.8	8.9	7.3	5.1	5.0	3.5	4.8	Decreased, 2011-2023	Decreased, 2011-2017 No change, 2017-2023	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)						14.4	6.9	13.9	9.6	6.7	No linear change	Not available¶	No change
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)						11.7	10.0	4.2	6.6	3.5	Decreased, 2015-2023	Not available	No change
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)					16.2	17.2	16.4	17.8	15.3	14.7	No linear change	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
						38.3	39.5	40.8	49.9	54.6	Increased, 2015-2023	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56: Percentage of students who ever had sexual intercourse													
						39.1	38.2	33.0	23.3	29.4	Decreased, 2015-2023	Not available¶	No change
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
						7.1	6.1	5.4	2.8	4.3	No linear change	Not available	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							15.0	9.5	6.2	5.3	Decreased, 2017-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								7.2	6.1	9.1	No linear change	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)¶													
						9.3	19.5	15.9	17.9	22.8	Increased, 2015-2023	Not available	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)¶													
						16.7	15.9	17.5	16.2	18.1	No linear change	Not available	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									4.5	5.8	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
**Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Physical Activity

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							21.1	22.1	17.3	17.3	No linear change	Not available¶	No change
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									76.0	73.7	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						63.1	70.9	69.7	69.1	67.1	No linear change	Not available¶	No change
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						5.9	4.8	5.3	3.4	6.5	No linear change	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							7.8	4.6	1.9	5.8	No linear change	Not available	No change
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
				53.0	48.2	58.4	68.9	63.2	68.0	68.6	Increased, 2011-2023	No quadratic change	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						62.5	53.1	55.7	54.4	44.6	Decreased, 2015-2023	Not available¶	No change
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							9.1	5.9	5.8	3.7	No linear change	Not available	No change
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								19.4	23.3	28.2	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									26.2	25.8	No linear change	Not available¶	No change
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				45.7	55.1	54.1	51.9	49.0	54.0	41.5	No linear change	No quadratic change	Decreased
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
						49.9	56.8	61.2	60.7	64.8	Increased, 2015-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023§
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
						68.8	78.3	79.2	78.5	80.2	Increased, 2015-2023	Not available¶	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
						16.7	10.8	12.3	6.8	7.6	Decreased, 2015-2023	Not available	No change
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
						86.1	84.0	86.1	85.3	82.7	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
						78.9	79.3	77.8	81.2	77.6	No linear change	Not available¶	No change
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
						87.6	91.0	87.8	89.9	90.5	No linear change	Not available	No change
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
						34.7	43.7	31.2	20.3	22.4	Decreased, 2015-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Other

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
						45.3	47.7	37.7	23.0	26.7	Decreased, 2015-2023	Not available¶	No change
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
						19.8	21.2	15.3	8.2	6.8	Decreased, 2015-2023	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Mental Health

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									23.6	20.4	No linear change	Not available¶	No change
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									17.0	16.2	No linear change	Not available	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Protective Factors

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									21.6	23.9	No linear change	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Black*
Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change†	Quadratic Change†	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									27.9	24.8	No linear change	Not available¶	No change

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)													
69.4	65.8	67.6	63.5	66.2	61.9	54.3	54.6	45.8	48.0	47.5	Decreased, 2003-2023	No quadratic change	No change
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)													
25.7	26.6	50.4	40.8	45.9	31.8	25.4	24.2	21.2	19.9	20.0	Decreased, 2003-2023	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					27.7	20.4	17.8	13.1	8.4	11.2	Decreased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)													
					56.6	47.9	46.3	45.3	41.3	47.1	Decreased, 2013-2023	Decreased, 2013-2019 No change, 2019-2023	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)													
							8.1	6.7	5.0	6.9	No linear change	Not available§	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)													
8.6	13.4	24.4	16.6	20.7	17.1	12.5	11.1	13.1	15.0	17.6	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN18: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood													
									30.4	29.6	No linear change	Not available§	No change
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)													
6.4	5.5	32.5	22.2	18.1	11.4	18.0	12.1	12.5	13.4	17.1	No linear change	No quadratic change	Increased
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey)													
							15.0	16.2	15.9	18.0	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					15.6	20.5	13.1	14.4	12.0	15.1	No linear change	No quadratic change	No change
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
					11.5	18.1	14.4	14.3	12.3	13.9	No linear change	No quadratic change	No change
QN24: Percentage of students who were bullied on school property (ever during the 12 months before the survey)													
			27.6	35.0	21.6	27.1	25.3	23.2	18.9	22.0	Decreased, 2009-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN25: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)													
				31.4	21.4	24.3	20.3	22.0	21.1	21.2	No linear change	No quadratic change	No change
QN26: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)													
44.9	38.0	49.8	44.0	39.4	30.5	38.9	36.2	40.9	52.4	47.4	No linear change	Decreased, 2003-2013 Increased, 2013-2023	Decreased
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)													
27.7	10.5	24.5	26.6	24.2	15.4	24.8	22.1	24.6	28.3	28.1	Increased, 2003-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)													
								19.4	23.3	21.8	No linear change	Not available§	No change
QN29: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)													
	6.5	28.4	13.6	21.3	12.9	14.3	12.9	14.9	14.5	16.1	No linear change	No quadratic change	No change
QN30: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)													
	1.5	21.0	9.3	17.7	5.6	8.3	5.6	6.4	4.4	6.0	Decreased, 2005-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN88: Percentage of students who rarely or never wore a bicycle helmet (during the 12 months before the survey, among students who had ridden a bicycle)													
		85.5	83.1	84.3	84.9	74.1	80.6	72.7	77.5	74.0	Decreased, 2007-2023	No quadratic change	No change
QN89: Percentage of students who did not always wear a seat belt when driving (among students who drive a car)													
					51.7	39.5	37.3	28.5	21.9	25.5	Decreased, 2013-2023	Decreased, 2013-2019 No change, 2019-2023	No change
QN92: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)													
							29.1	30.7	38.2	32.9	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN117: Percentage of students who have ever been forced to work or do something illegal by someone who got money or something of value for what they did													
									6.8	9.0	Increased, 2021-2023	Not available§	No change
QN118: Percentage of students who have ever seen pornography, also called porn, either on purpose or by accident (counting any porn that they saw, including pictures, on TV, phones, computers, or iPads or other tablets, in books, magazines, or movie theaters)													
									72.3	70.2	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN35: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])							56.5	57.8	39.6	41.4	Decreased, 2017-2023	Not available§	No change
QN36: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)						32.7	32.0	40.6	19.6	21.8	Decreased, 2015-2023	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)						10.9	9.9	17.7	9.7	10.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)													
						9.4	7.9	14.4	7.2	8.6	No linear change	Not available§	No change
QN37: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)													
									5.3	5.3	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Tobacco Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN40: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, pipe tobacco, heated tobacco products, or nicotine pouches, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)													
									44.7	52.5	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN41: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)													
	25.4	47.7	31.4	37.0	27.8	23.2	23.1	19.0	17.0	17.4	Decreased, 2005-2023	No quadratic change	No change
QN42: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)													
	40.8	57.7	41.9	57.4	46.8	35.6	38.6	30.8	22.3	25.6	Decreased, 2005-2023	No change, 2005-2011 Decreased, 2011-2023	No change
QN43: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)													
								18.0	13.1	14.2	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN45: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)													
				19.4	23.3	27.8	30.7	23.8	34.0	37.2	No linear change	No quadratic change	No change
QN47: Percentage of students who tried marijuana for the first time before age 13 years													
	13.2	31.5	19.3	22.1	16.6	16.2	14.9	12.7	7.8	9.4	Decreased, 2005-2023	No quadratic change	No change
QN48: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)													
	34.7	45.1	34.0	37.6	34.3	31.5	35.3	33.2	22.3	24.6	Decreased, 2005-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)													
									14.4	14.7	No linear change	Not available§	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)													
10.2	9.7	27.0	18.1	18.2	14.7	10.5	6.1	6.6	4.0	7.2	Decreased, 2003-2023	No quadratic change	Increased
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)													
16.6	13.2	31.1	17.4	20.1	15.9	10.6	6.9	7.6	4.4	7.5	Decreased, 2003-2023	No quadratic change	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)													
14.1	4.2	27.6	21.4	25.8	23.3	14.0	8.6	9.7	5.6	9.6	Decreased, 2003-2023	Decreased, 2003-2019 No change, 2019-2023	Increased
QN100: Percentage of students who used synthetic marijuana (also called Spice, fake weed, K2, or Black Mamba, one or more times during their life)													
						18.0	12.5	14.5	12.9	14.4	No linear change	Not available§	No change
QN101: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)													
				29.1	19.3	16.9	9.0	11.0	8.4	11.9	Decreased, 2011-2023	Decreased, 2011-2017 No change, 2017-2023	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN102: Percentage of students who ever been offered, sold, or given an illegal drug on school property (during the 12 months before the survey)													
30.5	30.5	36.6	46.6	36.1	31.8	25.6	23.9	26.4	20.1	26.7	Decreased, 2003-2023	No quadratic change	Increased
QN121: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to smoke marijuana													
					29.3	34.9	30.7	35.7	44.7	45.6	Increased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN56: Percentage of students who ever had sexual intercourse													
53.8	53.0	67.8	58.4	60.0	54.4	52.6	51.1	47.6	34.3	40.6	Decreased, 2003-2023	No quadratic change	Increased
QN57: Percentage of students who had sexual intercourse for the first time before age 13 years													
6.4	8.1	27.0	20.9	23.4	19.6	12.5	8.6	6.8	4.7	6.6	Decreased, 2003-2023	No change, 2003-2007 Decreased, 2007-2023	No change
QN58: Percentage of students who had sexual intercourse with four or more persons during their life													
							18.1	14.3	7.8	11.7	Decreased, 2017-2023	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Sexual Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN82: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)													
								13.0	8.7	12.2	No linear change	Not available§	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Dietary Behaviors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
	11.6	21.0	16.8	26.5	16.4	16.3	17.6	17.0	19.0	20.1	No linear change	No quadratic change	No change
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§													
	16.9	15.6	11.5	14.2	16.2	13.9	18.3	15.5	15.9	15.2	No linear change	No quadratic change	No change
QN110: Percentage of students who most of the time or always went hungry because there was not enough food in their home (during the 30 days before the survey)													
									4.6	4.4	No linear change	Not available¶	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
¶Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Physical Activity

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN79: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)													
							17.9	18.0	17.1	22.8	Increased, 2017-2023	Not available§	Increased
QN109: Percentage of students who spent 3 or more hours of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork)													
									76.4	76.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN83: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)													
						69.1	70.9	71.9	70.6	72.3	No linear change	Not available§	No change
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)													
						5.4	4.5	5.4	3.0	4.1	No linear change	Not available	No change
QN86: Percentage of students who experienced unstable housing (during the 30 days before the survey)													
							8.6	6.2	3.8	6.7	No linear change	Not available	Increased
QN87: Percentage of students who described their grades in school as mostly A's or B's (during the 12 months before the survey)													
	55.2	43.3	57.4	53.4	58.4	57.7	65.8	68.2	67.2	66.8	Increased, 2005-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN103: Percentage of students who recall hearing, reading, or seeing a public message about avoiding alcohol or other illegal drugs (during the 12 months before the survey)													
						70.9	62.4	62.7	51.7	55.4	Decreased, 2015-2023	Not available§	No change
QN111: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)													
							11.1	10.8	6.9	9.3	No linear change	Not available	No change
QN112: Percentage of students who have ever been told by a doctor or a nurse that they have asthma													
								27.6	26.1	27.5	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN114: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use													
									36.7	37.7	No linear change	Not available§	No change
QN119: Percentage of students who think people are at great risk of harming themselves (physically or in other ways) if they take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				41.9	50.1	50.0	54.4	47.6	47.7	38.3	No linear change	No change, 2011-2017 Decreased, 2017-2023	Decreased
QN120: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					39.6	48.0	51.6	57.8	57.5	60.5	Increased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN122: Percentage of students who reported that their friends feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					60.4	68.8	71.2	75.6	77.6	77.4	Increased, 2013-2023	Increased, 2013-2019 No change, 2019-2023	No change
QN123: Percentage of students who approve or strongly approve of someone their age having one or two drinks of alcohol nearly every day (beer, wine, or liquor)													
					19.9	19.4	14.3	10.4	7.6	9.7	Decreased, 2013-2023	No quadratic change	No change
QN124: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day (beer, wine, or liquor)													
					76.2	80.3	81.9	82.7	83.8	81.9	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN125: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to smoke marijuana													
					71.7	75.0	72.1	73.7	79.7	75.0	No linear change	No quadratic change	Decreased
QN126: Percentage of students who reported that their parents feel it would be wrong or very wrong for them to take a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
					80.7	87.1	86.7	88.2	88.8	86.7	No linear change	Increased, 2013-2019 No change, 2019-2023	No change
QN127: Percentage of students who think it would be very easy for them to get some alcohol if they wanted to (beer, wine, or liquor)													
					47.5	42.1	39.4	36.5	27.7	24.5	Decreased, 2013-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Other

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	**2005**	**2007**	**2009**	**2011**	**2013**	**2015**	**2017**	**2019**	**2021**	**2023**			
QN128: Percentage of students who think it would be very easy for them to get some marijuana if they wanted to													
		51.8	50.4	55.1	58.9	50.4	55.0	48.5	30.8	30.6	Decreased, 2007-2023	No change, 2007-2017 Decreased, 2017-2023	No change
QN129: Percentage of students who think it would be very easy for them to get a prescription drug without a doctor's prescription if they wanted to (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax)													
				33.5	27.6	23.6	18.8	14.9	9.3	9.4	Decreased, 2011-2023	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Mental Health

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN84: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)													
									35.7	34.5	No linear change	Not available§	No change
QN96: Percentage of students who most of the time or always get the kind of help they need (among students who report having felt sad, empty, hopeless, angry, or anxious)													
									20.2	19.1	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Protective Factors

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN132: Percentage of students who disagree or strongly disagree that students help decide what goes on in their school													
									21.5	22.1	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.

New Hampshire High School Survey

Trend Analysis Report

Hispanic
Adverse Childhood Experiences

Health Risk Behavior and Percentages											Linear Change*	Quadratic Change*	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN115: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal													
									42.1	45.0	No linear change	Not available§	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.
§Not enough years of data to calculate.